



Sicily

Food, wine & culture
21 -28 April, 2024



What to expect

“After centuries of stagnation the Mediterranean’s biggest and most historically fascinating island is now Italy’s most vital and improved wine region.”

Hugh Johnson, *The World Atlas of Wine*

Sicily is a delightful island set in the sparkling seas of the Mediterranean, as famous for its food as for its diverse cultural legacy that spans the ancient Greeks to the Spanish.

September is a lovely time of the year to see the island in all its glory. Along with fantastic wine visits we also get to taste homemade food, eat in great restaurants as well as enjoying some spectacular cultural highlights. Undoubtedly this trip to Sicily is bound to exhilarate the senses of any food and wine lover.

Highlights

- Michelin star dinner in Palermo
- Walking tour of Palermo
- Traditional Sicilian family made lunch
- Visit world’s largest archaeological site
- Chocolate tasting in Modica
- Drink wine on the slopes of Mount Etna
- Visit the crater of Mount Etna
- Many top class winery visits
- Cooking class at Planeta

Winery visits

Firriato Baglio Soria, Donnafaguta, Planeta, Pellegrino, Benanti



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Trip Itinerary

Day 1 (Sunday 21st April)

Meet in the lobby for a welcome reception at Quinto Canto hotel followed by dinner in Palermo at the 1 star Michelin restaurant, Limu. (D)

Day 2 (Monday 22nd April)

Check out and enjoy a city and market walking tour in Palermo to gain an insight into the colours and flavours of Sicilian cuisine. Tasting and lunch at Firriato Baglio Soria with the Di Gaetano family, pioneers of native Sicilian grape varieties. Afterwards we arrive in Erice and settle into our rooms at the Hotel Elimo, a very elegant hotel in the old town within the city walls. Dine in Erice at the typical and very tasty La Pentolaccia restaurant, a good place to try local specialties like the local sardine and fennel pasta. (B,L,D)

Day 3 (Tuesday 23rd April)

After breakfast we travel out across the salt flats to the Marsala region at the legendary Pellegrino winery. Cantine Pellegrino is a longstanding local producer of fine still and fortified wines, where we get the chance to tour the winery and see the process used to make Marsala wines. Travel the short distance to Donnafugata where we enjoy a guided tour of the historic winery and cellars and then enjoy a tasting of some of the iconic wines of Donnafugata, with a Sicilian lunch accompanied by wines of the property. Return to Erice via the port town of Trapani for an afternoon stroll and maybe gelato. (B,L)

Day 4 (Wednesday 24th April)

Check out and enjoy a cooking class and lunch at the top class Planeta family winery. For 5 centuries and 17 generations the Planeta family have dedicated themselves to the land and produce wine and olive oil in 5 different Sicilian territories. Afternoon visit to the largest archaeological site in the world, at Valley of the Temples which is one of the most outstanding examples of Greater Greek architecture. The Vecchia Masseria is our base for the next 2 nights. Dinner in hotel. (B,L,D)

Day 5 (Thursday 25th April)

Depart for a visitant the mosaics at Romana del Casale before a traditional Sicilian family lunch at Baglio Occhipinti paired with Occhipinti wines.

Afternoon chocolate tasting in Dolceria Bonajuto which was established in 1880 in the centre of the wonderful baroque city of Modica. It is famous for its “Cioccolato di Modica” made from an ancient Aztec recipe. Free evening at the Masseria (B,L)

Day 6 (Friday 26th April)

Check out before visit and lunch at historic wine producers Benanti / Barone di Villagrande on the volcanic slopes of Mount Etna. Drive up the fertile slopes of Etna to the Silvestri crater to enjoy the commanding view of the straits of Messina and on a clear day you can see the Italian mainland. The Firriato Cavanera Etnea wine hotel is our base for the next 2 nights. Visit the winery before dinner at the hotel. (B,L,D)

Day 7 (Saturday 27th April)

Travel the short distance to Donnafugata in Randazzo where we enjoy a guided tour of the winery and cellars and then enjoy a tasting of some of the iconic wines of Donnafugata. Short drive for a visit, tasting and lunch at the top class Planeta family winery in Sciaranuova. For 5 centuries and 17 generations the Planeta family have dedicated themselves to the land and produce wine and olive oil in 5 different Sicilian territories. Back to the hotel where there is time to relax and freshen up before dinner at the hotel. (B,L,D)

Day 7 (Sunday 28th April)

After breakfast, depart Cavanera Etnea to Catania Airport and end of tour. (B)



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\$4500 per person double occupancy
\$550 single supplement
\$500 deposit per person

Included

- 1 night Quinto Canto Hotel, Palermo
- 2 nights Hotel Elimo, Erica
- 2 nights at the Vecchia Masseria
- 2 nights at the Cavanera Etnea
- Private transport by luxury coach
- Tour manager
- Breakfast daily; 6 lunches/ 5 dinners
- Visits and activities as specified

Not included

Airfare; meals not mentioned above; travel insurance; gratuities for guides



Contact us to sign up for this trip

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